



Template: Dog Treats Selection Checklist

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Based on Article: "Dog Treats"

A practical checklist for selecting and managing dog treats to ensure health and safety while enhancing training and enrichment.

Checklist Items:

- ☐ **1. Choose Single-Ingredient Treats**
Opt for single-ingredient, human-grade treats to minimize allergens and ensure nutritional value without fillers.
Reference Section: Understanding Dog Treats: Purpose & Safety
- ☐ **2. Limit Treats to 10% of Daily Calories**
Ensure treats make up less than 10% of your dog's daily caloric intake to maintain balanced nutrition.
Reference Section: Understanding Dog Treats: Purpose & Safety
- ☐ **3. Select Training Treats Wisely**
Choose low-calorie, soft, and highly palatable treats that can be easily broken into smaller pieces for reward-based training.
Reference Section: Understanding Dog Treats: Purpose & Safety
- ☐ **4. Monitor for Allergens**
Introduce new treats one at a time and monitor for any signs of allergies like itching or digestive upset within 24-72 hours.
Reference Section: Common safety risks and mitigation
- ☐ **5. Read Ingredients Carefully**
Look for named proteins as the primary ingredients and avoid vague terms like 'meat by-products'. Watch for artificial additives.
Reference Section: Nutrition: What to Look For on Labels
- ☐ **6. Choose Appropriate Chew Types**
Select treats based on your dog's chewing habits; soft treats for training, crunchy treats for oral care, and durable chews for enrichment.
Reference Section: Types of Dog Treats: Pros and Cons
- ☐ **7. Implement Treat Portion Control**
Measure treat sizes and maintain a stash specifically for training to prevent overfeeding.
Reference Section: Practical examples
- ☐ **8. Ensure Safety and Supervision**
Supervise your dog when introducing new chew types to avoid choking hazards and assess treat suitability.

- ☐ **9. Rotate Treats for Variety**
Incorporate different types of treats to keep your dog engaged and match them with nutritional needs outlined in your dog food menu.
Reference Section: Types of Dog Treats: Pros and Cons
- ☐ **10. Consult the Dog Food Menu**
Align treats with daily meal plans by consulting your dog food menu to ensure nutritional balance.
Reference Section: Practical examples