



Template: Eco-Friendly Dog Food Checklist

Generated: 12/3/2025

Based on Article: "Eco-Friendly Dog Food"

A practical checklist to help you choose eco-friendly dog food options that reduce environmental impact while ensuring your dog's nutritional needs are met.

Checklist Items:

- ☐ **1. Evaluate Protein Source**
Select protein sources that have lower environmental impacts. Choose poultry, fish, or plant-based options over beef for reduced greenhouse gas emissions and land use.
Reference Section: Sustainability trade-offs across common protein sources used in dog food
- ☐ **2. Check Ingredient Sourcing**
Look for brands that provide transparency in sourcing. Prefer dog foods that use ingredients from regenerative or sustainable farming practices.
Reference Section: What Does 'Eco-Friendly' Mean for Dog Food?
- ☐ **3. Analyze Ingredient List**
Read the first three ingredients of the dog food bag to identify primary protein and carbohydrate sources. Ensure the first ingredient is a named protein.
Reference Section: Ingredient Choices: Balancing Nutrition and Environmental Impact
- ☐ **4. Review Guaranteed Analysis**
Cross-check the Guaranteed Analysis on pet food packaging to confirm protein and fat content meet your dog's needs based on their age and activity level.
Reference Section: Ingredient Choices: Balancing Nutrition and Environmental Impact
- ☐ **5. Assess Packaging Materials**
Choose dog food that comes in recyclable or compostable packaging. Minimal packaging volume also contributes to reduced environmental impact.
Reference Section: What Does 'Eco-Friendly' Mean for Dog Food?
- ☐ **6. Verify Certification Claims**
Look for third-party certifications or transparency systems that validate sustainable sourcing practices. This includes checks on claims such as 'human-grade' or 'organic.'
Reference Section: Ingredient Choices: Balancing Nutrition and Environmental Impact
- ☐ **7. Introduce Gradually**
When switching to eco-friendly dog food, introduce it gradually to avoid upsetting your dog's stomach. Combine it with current food over a week.
Reference Section: Ways to introduce eco-friendly meals without upsetting sensitive stomachs

☐ **8. Monitor Pet's Health**

Observe your dog for any changes in health, digestion, or coat condition after switching to eco-friendly food. Adjust accordingly based on their response.

Reference Section: Sustainability trade-offs across common protein sources used in dog food