

# Template: Forex Market Analysis Checklist

Generated: 1/16/2026

Based on Article: "Essential Guide to Forex Market Analysis Techniques for Traders"

Website: <https://thetraderinyou.com>

A practical checklist to guide traders through the essential steps of analyzing the forex market using technical, fundamental, and sentiment analysis.

## Checklist Items:

### 1. Identify Analysis Type

Determine which type of analysis (technical, fundamental, or sentiment) is most suitable for your trading timeframe and objectives.

Reference Section: Foundations of Forex Market Analysis

### 2. Chart Price Movements

Use technical analysis tools such as moving averages, trendlines, and oscillators to identify potential entry and exit points on price charts.

Reference Section: Technical Analysis Techniques

### 3. Check Economic Reports

Review upcoming economic events and data releases that could influence currency valuations, such as interest rate announcements and employment reports.

Reference Section: Fundamental Analysis for Forex Traders

### 4. Analyze Market Sentiment

Evaluate sentiment indicators, such as CFTC COT reports and broker flow, to understand crowd positioning and potential reversal scenarios.

Reference Section: Sentiment Analysis & Positioning

### 5. Combine Analysis Techniques

Integrate insights from technical, fundamental, and sentiment analysis to create a verified trading strategy tailored to your timeframe.

Reference Section: Combining Techniques: Building a Repeatable Analysis Workflow

### 6. Establish Risk Management Rules

Define your risk management parameters, including stop-loss orders and position sizing, to protect your capital on trades.

Reference Section: Risk Management and Backtesting Analysis Techniques

### 7. Perform Technical Validation

Validate technical setups by looking for confirmation signals such as moving average crossovers or divergence in momentum indicators.

Reference Section: Technical Analysis Techniques

### 8. Document Trade Outcomes

Maintain a trading journal to log trades, analysis, and outcomes for future reference and continuous improvement.

Reference Section: Conclusion

## 9. Review Trading Tools

Evaluate and choose reliable trading platforms and tools that offer the best execution quality based on your analysis needs.

Reference Section: Tools, Platforms, and Data Sources