

Template: Forex Trading Strategy Checklist for 2026

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Based on Article: "Forex Trading Strategies for a Changing Economic Landscape in 2026"

Website: <https://randfx.co.za/>

A practical checklist template for traders to adapt their Forex strategies to the changing economic landscape in 2026.

Checklist Items:

1. Understand Macro Drivers

Monitor rate differentials, inflation surprises, and geopolitical events that can influence currency movements. Recognize their impact on both short-term and medium-term market effects.

Reference Section: Understand the 2025 Macro Backdrop and Its Forex Implications

2. Identify Primary Macro Signal

Determine the key macroeconomic signal (e.g., rate change, inflation data) that is expected to impact the Forex market in the near term.

Reference Section: Understand the 2025 Macro Backdrop and Its Forex Implications

3. Select Currency Pairs

Choose Forex pairs where the macroeconomic change is expected to create significant movement and ensure liquidity is high.

Reference Section: Understand the 2025 Macro Backdrop and Its Forex Implications

4. Run Correlation and Volatility Checks

Evaluate the correlations between selected currency pairs and their recent volatility to inform trade size and stop placement.

Reference Section: Understand the 2025 Macro Backdrop and Its Forex Implications

5. Confirm Technical Alignment

Check that technical indicators align with the identified macro signals; look for clear trends, structures, and price levels.

Reference Section: Understand the 2025 Macro Backdrop and Its Forex Implications

6. Execute with a Calibrated Plan

Enter trades with a predefined plan including entry point, risk management, and a strategy to monitor macro newsflow.

Reference Section: Understand the 2025 Macro Backdrop and Its Forex Implications

7. Adapt to Volatility

Utilize Average True Range (ATR) to define breakout levels and set appropriate stop-loss orders. Consider short-term volatility strategies during choppy market conditions.

Reference Section: Adaptive Strategy #1: Volatility-Based Approaches for Choppy Markets

8. Monitor Session Context

Keep track of market sessions (e.g., London open, US open) as they may affect volatility and trading strategies.

Reference Section: Adaptive Strategy #1: Volatility-Based Approaches for Choppy Markets

9. Scale Out of Positions

Establish a plan to scale out of profitable trades at specific targets to lock in gains and manage risk effectively.

Reference Section: Adaptive Strategy #1: Volatility-Based Approaches for Choppy Markets

10. Review Broker Options

Compare brokers for competitive spreads and execution to ensure your trading strategy is effectively supported.

Reference Section: Tools, Brokers, and Practical Resources for 2025 Traders