



Template: Sustainable Dog Food Checklist

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Based on Article: "Sustainable Dog Food"

A practical checklist to help pet owners choose sustainable dog food options while ensuring the health and well-being of their pets.

Checklist Items:

- ☐ **1. Assess Ingredient Sourcing**
Look for human-grade, pasture-raised, or responsibly farmed proteins in the ingredient list. This helps ensure higher nutrient density and fewer contaminants.
Reference Section: What 'Sustainable Dog Food' Means
- ☐ **2. Evaluate Protein Source**
Choose proteins that have lower carbon footprints, such as insect or plant blends, while ensuring they meet your dog's amino acid requirements.
Reference Section: Sustainable Protein Options: Pros & Cons
- ☐ **3. Check Manufacturing Practices**
Select brands that utilize cold-press or gentle cooking methods, which preserve nutrients and reduce energy use during production.
Reference Section: Sustainable Dog Food
- ☐ **4. Review Packaging Options**
Prioritize dog food with recyclable, compostable, or bulk refill packaging to minimize environmental waste and maintain food freshness.
Reference Section: What 'Sustainable Dog Food' Means
- ☐ **5. Confirm Supply Chain Transparency**
Look for brands that provide transparency in sourcing, including batch testing and third-party certifications, to ensure ethical practices.
Reference Section: Sustainable Dog Food
- ☐ **6. Monitor Transition Plans**
When switching to sustainable food, implement gradual dietary changes to avoid digestive upsets in your pet.
Reference Section: What to look for in ingredient lists to spot genuine sustainability
- ☐ **7. Explore Lower-Carbon Options**
Investigate dog food brands that specifically highlight lower-carbon collections or emerging protein sources like insect meals.
Reference Section: Sustainable Protein Options: Pros & Cons

☐ **8. Research Ethical Ratings**

Use resources such as the Ethical Consumer guide to compare brands based on their sustainability ratings and practices.

Reference Section: Sustainable Protein Options: Pros & Cons

☐ **9. Regularly Review Pet Health**

Monitor your dog's health and coat condition after a switch to sustainable food options, noting any improvements or concerns.

Reference Section: Sustainable Dog Food