

Template: Advanced Forex Trading Strategies Checklist

Generated: 1/13/2026

Based on Article: "Ultimate Guide to Advanced Trading Strategies for Forex Success"

Website: <https://thetraderinyou.com>

A practical checklist for implementing advanced trading strategies in Forex to enhance execution and risk management.

Checklist Items:

- ☐ **1. Define Trading Edge**
Identify a repeatable statistical advantage based on market inefficiencies or behavioral patterns.
Reference Section: Strategy Foundations: Edge, Execution, and Risk Management
- ☐ **2. Calculate Expectancy**
Use the formula $\text{Expectancy} = (W * A) - (L * B)$ to determine the long-term average return per trade, where W = win rate, A = average win, L = probability of a loss, and B = average loss.
Reference Section: Strategy Foundations: Edge, Execution, and Risk Management
- ☐ **3. Establish Position Sizing**
Determine your risk per trade in R and calculate position size based on your stop-loss distance to ensure proper capital allocation.
Reference Section: Strategy Foundations: Edge, Execution, and Risk Management
- ☐ **4. Run Backtests**
Conduct a demo backtest with at least several hundred trades to validate strategy performance across different market conditions.
Reference Section: Strategy Foundations: Edge, Execution, and Risk Management
- ☐ **5. Test Live Performance**
Transition to trading a small live size (10-25% of target) for multiple times the strategy's average drawdown duration to confirm real performance matches backtested results.
Reference Section: Strategy Foundations: Edge, Execution, and Risk Management
- ☐ **6. Use Advanced Price-Action Techniques**
Apply price structure analysis to identify swing highs/lows and corroborate with order flow evidence for improved entries.
Reference Section: Advanced Price-Action Techniques and Order Flow
- ☐ **7. Confirm Breakout Retests**
Identify consolidation or range breakouts on the 15-60m chart and wait for a retest; enter upon confirmation of volume and delta imbalance.
Reference Section: Advanced Price-Action Techniques and Order Flow
- ☐ **8. Employ Trend Pullback Strategies**
Confirm trend direction on the 1h chart and look for pullbacks to confluence zones before entering on rejection candles with increasing order flow.
Reference Section: Advanced Price-Action Techniques and Order Flow

- **9. Monitor High-Probability Setups**
Focus on setups such as liquidity sweeps into imbalance, ensuring that you enter on micro-structure rejections under optimal market conditions.
Reference Section: Advanced Price-Action Techniques and Order Flow