



Template: Dog Allergies Treat Selection Checklist

Generated: 12/23/2025

Based on Article: "Understanding Dog Allergies: Choosing the Right Treats"

Website: <https://therenownedhound.com>

A practical checklist for dog owners to help identify and choose appropriate treats for dogs with allergies.

Checklist Items:

- ☐ **1. Identify Symptoms**
Observe your dog for signs of allergies, such as persistent scratching, chronic ear infections, gastrointestinal upset, or skin lesions.
Reference Section: Common visible signs to watch for
- ☐ **2. Recognize Common Allergens**
Be aware that common allergens include beef, chicken, and various preservatives in treats.
Understanding these will aid in selection.
Reference Section: Allergens hide where owners least expect
- ☐ **3. Read Ingredient Labels**
Carefully read the ingredient panel on treat packages and avoid those with unrecognizable fillers and preservatives.
Reference Section: Reading an ingredient panel
- ☐ **4. Choose Limited-Ingredient Treats**
Select treats with minimal, recognizable ingredients and preferably a single protein source.
Reference Section: Selecting the best treats for allergic dogs
- ☐ **5. Conduct Short Trials**
Introduce new treats one at a time to monitor for any allergic reactions, keeping trials short to easily identify triggers.
Reference Section: Careful, short trials to observe response
- ☐ **6. Consider Novel Protein Options**
If traditional proteins fail, explore novel protein treats that your dog has not been exposed to.
Reference Section: Single-protein options narrows the field
- ☐ **7. Monitor for Resolution of Symptoms**
After changing treats, closely observe if any symptoms improve. This helps confirm if the new treat is suitable.
Reference Section: Evaluating response to new treats
- ☐ **8. Consult with a Vet If Necessary**
If symptoms persist or worsen, consult with a veterinarian for further guidance on dietary adjustments or potential allergy testing.

