



Template: Sustainable Dog Nutrition Checklist

Generated: 12/8/2025

Based on Article: "Understanding the Nutritional Needs of Dogs on a Sustainable Diet"

Website: <https://therenownedhound.com>

A practical checklist to ensure your dog's diet meets nutritional and sustainability standards.

Checklist Items:

- ☐ **1. Check for Complete & Balanced Statement**
Verify that the dog food label includes a statement confirming it is complete and balanced for your dog's life stage.
Reference Section: What Is a Sustainable Diet for Dogs
- ☐ **2. Verify Ingredient Origins**
Investigate the sourcing of ingredients to ensure they are responsibly raised or produced, preferably certified by third-party organizations.
Reference Section: What Is a Sustainable Diet for Dogs
- ☐ **3. Assess Protein Quality**
Look for high-quality protein sources like muscle meat, eggs, or dairy, and check for amino acid completeness on the label.
Reference Section: How Dog Nutrition Works: Core Nutrients and Requirements
- ☐ **4. Review Fats and Essential Fatty Acids**
Ensure the diet includes sufficient healthy fats and essential fatty acids (omega-6 and omega-3) for coat and skin health.
Reference Section: How Dog Nutrition Works: Core Nutrients and Requirements
- ☐ **5. Analyze Vitamins and Minerals**
Check the dog food for the inclusion of necessary vitamins and minerals, ensuring they are within safe levels for your dog's needs.
Reference Section: How Dog Nutrition Works: Core Nutrients and Requirements
- ☐ **6. Consider Sustainable Packaging**
Look for packaging that is recyclable or made from sustainable materials to reduce environmental impact.
Reference Section: What Is a Sustainable Diet for Dogs
- ☐ **7. Monitor Digestibility and Palatability**
Evaluate how well your dog digests the food and its acceptance, adjusting based on their responses and any digestive issues.
Reference Section: Sustainability features against nutritional risk/benefit to help owners evaluate options

☐ **8. Check for Added Ingredients**

Ensure the food has necessary vitamins and minerals added, especially in limited-ingredient diets to avoid nutritional gaps.

Reference Section: Sustainability features against nutritional risk/benefit to help owners evaluate options

☐ **9. Evaluate Processing Methods**

Identify if the food has gone through minimal processing and if safe handling instructions are provided to ensure nutrient retention.

Reference Section: What Is a Sustainable Diet for Dogs